

Quarterly YAM

OCTOBER • NOVEMBER • DECEMBER • FALL ISSUE 2010

String Quartet Concert

On Sunday, October 17th, a quartet of young Taiwan-born musicians of the San Diego Symphony, Mei-Ching Huang, Pei-Chun Tsai, Che-Yen Chen and Chia-Ling Chien gave a special concert at TACC. They performed Antonín Dvořák's String Quartet No. 12 in F "the American" and Tchaikovsky's String Quartet No. 1, second movement "Andante Cantabile". Their superb skill and performance received enthusiastic ovations from the big crowd in attendance. Furthermore, our community members are especially proud of the Taiwanese heritage of these outstanding musicians. **(the introductions of these musicians are shown inside)**

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At Taipei Mayoral Candidate 蘇貞昌 Rally on
08/14/2010



Former Prime Minister 游錫堃夫婦
visited TACC on 10/05/10



August's Book Club presented by Shu
Lai (l) and Sue Wu (r)



Young generation talked about "What it
meant to be Taiwanese Americans" on
09/11/10.



Performance by TACC Senior Choir at
Mid-autumn Celebration (09/25/10)



Painting by Ruth Wang



Painting by Wei Ng



Life Experience Seminar hosted
by Lily Hazelton (10/09/10)

String Quartet Concert

Time: 10/17/2010 Sunday 3:00PM @ Taiwan Center



Violinist
Mei-Ching Huang



Violinist
Pei-Chun Tsai



Violist
Che-Yen Chen



Cellist
Chia-Ling Chien

Mei-Ching Huang, a native of Taiwan, Ms. Huang has performed in recitals and as a soloist throughout Asia, Europe, and North and South America. A former student of Keng-Yuen Tseng at the Peabody Institute of Johns Hopkins University, she has won numerous awards and prizes, including first prize in the Marbury Violin Competition. She also was a prize winner in the National Symphony Orchestra Young Soloists Competition, Yale Gordon Concerto Competition, and Hellam Young Artists Competition, and was a finalist in the Michael Hill International Violin Competition in New Zealand. She received a Peabody Career Development Grant, and a “talented musician” award from the Taiwan Culture and Arts Foundation. Ms. Huang received her bachelor’s degree from the Peabody Institute, where she was concertmaster of the Peabody Concert Orchestra. She also has studied at the Encore School for Strings in Cleveland, and was a scholarship student at The Juilliard School where she received a master’s degree. Currently, she is a violinist in the San Diego Symphony.

Dr. Pei-Chun Tsai of Tainan, Taiwan, began her musical studies at the age of four and made her solo debut in Carnegie Weill Recital Hall in 1997. She held the first prize in the 1990 and 1992 Taiwan National Violin Competition, and was also a three time first-prize winner of the Tainan Violin Competition. In addition to her performing career, Pei-Chun is a devoted teacher and holds a Suzuki Teaching Certificate from the School for Strings. As a scholarship recipient of The Juilliard School, she was on the faculty of the Ear Training Department in Juilliard pre-college division. Pei-Chun completed her Bachelor and the Master degrees in Music at the Juilliard School. She received her DMA in violin performance from the City University of New York. She is a tenured member of the San Diego Symphony and plays on a 1910 violin by Alfredo Contino.

Che-Yen Chen currently holds the Principal Viola position of the San Diego Symphony. Chen has established himself as a prominent recitalist, chamber, and orchestral musician. He was the first-prize winner of the 2003 William Primrose Viola Competition, the President Prize of the 2003 Lionel Tertis Viola Competition, and he recently distinguished himself by qualifying for the Principal Viola positions of both the Los Angeles Philharmonic and San Francisco Symphony. A founding member of the Formosa Quartet, the Amadeus prize winner of the 10th London International String Quartet Competition, Mr. Chen is an advocate of chamber music. He has been a member of the Lincoln Center Chamber Music Society Two, the Jupiter Chamber Players, ADCA, and has toured with Musicians from Marlboro after three consecutive summers at the Marlboro Music Festival. Mr. Chen began studying viola at the age of six. Chen came to the U.S. and studied at The Curtis Institute of Music and The Juilliard School. Mr. Chen had served on the faculty at Indiana University-South Bend, where he taught viola and chamber music. Mr. Chen is currently teaching at San Diego State University, UC San Diego, McGill University in Montreal, .

Chia-Ling Chien currently holds the Associate Principal Cello position of the San Diego Symphony under Music Director, Jahja Ling. Chia-Ling Chien was born in Taipei, Taiwan in 1983 and began playing the piano at the age of six, and cello at the age of nine. She has won several major awards in both piano and cello competitions in Taiwan. Ms. Chien later came to the United States in 2000 as a full-scholarship student of Idyllwild Arts Academy in California. In 2003, Ms. Chien was awarded merit scholarship to attend Cleveland Institute of Music, where she received both her Bachelor and Master of Music. As an active musician, Ms. Chien has performed throughout the United States and Asia. Her festival appearances included Idyllwild Arts Academy Summer Program, Pacific Music Festival, 2002 and 2004, Blossom Music Festival, three-year fellowship at Aspen Music Festival and School from 2005 to 2007, Sarasota Music Festival and Perlman Music Program.

Documentary/Movie/Music Discussion Series

Date & Place: November 6, 2010, Saturday 2:00PM TACC Auditorium

Topic: Overweight in USA

cosponsored by San Diego Taiwanese American Physician and Pharmist Association

A YouTube clip of the new CPR technique will be shown first. Two third of people in America are either overweight or obese including 9 million children. The #1 overall cause of death in America is obesity. The overweight issues in US will be discussed.

1) "Overweight in USA" (YouTube)

1. The Obesity Epidemic http://www.youtube.com/watch?v=8HSqE1U_m_0&feature=channel
2. Consequences of Obesity <http://www.youtube.com/watch?v=TyUu0EUjD-s&feature=channel>
3. Overcoming Obesity http://www.youtube.com/watch?v=n_bLikiGIBQ&feature=channel2

2) DVD "Killer at Large" (in English) 102 min

"Takes a broad look at many causes of being overweight including our toxic environment, the problem with school lunch and vending machines and the impact food lobbyist have on determining government policies"-- Naci Hellmich, USA TODAY.

DVD is provided by Dr. Hwalin Lee. Panel discussion by Drs. Ming T. Tsuang, Charles Liu, and Mitsuo Tomita at the end of the films. Refreshments will be served.



Understanding Science Seminar Series (XIV) & Book Club

Date: November 7, 2010, Sunday 2:00PM

Topic: Genes, Environment and Well-being

Speaker: Ming T. Tsuang, MD, PhD, D.Sc.

Well-being generally means a healthy balance of the mind, body and spirit. Due to advances in science and medicine over the last number of years, well-being is becoming a more prominent area of study for biomedical researchers. Consequently, more is being discovered about its features and functions. It is important to understand what factors lead to overall well-being in order to establish how a healthy mind, body and spirit can function as a deterrent to mental and physical illness. Comprehension and delineation of these factors will serve to guide researchers in establishing strategies for predicting, identifying and preventing illness while promoting well-being. Measures of well-being, such as Subjective Well-Being scales (SWB), extend the concept of health beyond the mere presence or absence of illness or disability. These measures include the idea of positive health and functioning. At a societal level, predictors of subjective well-being have been found to include measures of trust, freedom of choice, and national per capita income. Unfortunately however, data is limited on factors contributing to subjective well-being for the individual. This lecture will present an overview on what we have learned in the fields of neuroscience and genetics regarding the contributory factors for individual-level well-being. The exciting new research methods currently being undertaken to develop effective strategies that can help establish a healthy balance of mind, body and spirit will also be discussed.



Professor Tsuang is Behavioral Genomics Endowed Chair and University Professor, University of California and Distinguished Professor of Psychiatry and Director of Center for Behavioral Genomics, Department of Psychiatry, University of California, San Diego. Born in Tainan, Taiwan, Professor Tsuang received his M.D. degree from

National Taiwan University and his Ph.D. in Psychiatric Genetics and Doctor of Science in Genetics Epidemiology from University of London. Professor Tsuang has authored or co-authored over 600 publications. One of his areas of interest is in the interactions between genetic and environmental risk factors for severe mental disorders. His current effort is to study prevention of psychiatric disorders before their onset, particularly in blood relatives of people suffering from schizophrenia, to identify traits that predispose a person to developing schizophrenia from both genetic and environmental perspectives.

Professor Tsuang is a member of the Institute of Medicine, National Academy of Sciences and Academician of the Academia Sinica of Taiwan. Professor Tsuang is the recipient of a myriad of awards for his work, among them is also the Taiwanese-American Award for Achievement in Science and Engineering.

Book Club

Date & Time: October 24, 2010, Sunday, 2:00 PM

Speaker: George Lin

Book: An Introduction to Zen Buddhism

Author: Zen Master D.T. Suzuki

What is Zen? Is it mystical or nihilistic? Is it illogical and hence hard to understand? Or is it a higher affirmation out of practicality? What is the relationship among zazen, koan exercise, and satori? How important is the system of the meditation hall? These aspects of Zen are the main topics of the book.

Date & Time: December 5, 2010, Sunday, 2:00 PM

Speakers: Jau-Fang Wu

Book: We Circulate Different Blood - Ethical Myths of the Ethnic Groups in Taiwan

Author: Dr. Mali Lin

Based on her research work in blood transfusion for over 20 years, Prof. Mali Lin did a lot of blood type analysis and accidentally stepped into the field of anthropology. From the analysis of the genes from many Taiwanese, she has found that "We Circulate Different Blood".

In the past, the biggest ethnic group in Taiwan - the Ping-Pu group (平埔族) did not disappear, they were all converted into Han ethnic group. Prof. Mali Lin's classmate, a pathologist - Dr. Ru-Feng Liu (劉如峰醫師) said, "The Taiwanese are the descendants of the converted Han group from the Viet group (越族) cross-breed with the Ping-Pu group when they migrated to Taiwan."

The genes indicate that other than primarily inherited from the Viet and Ping-Pu ethnic groups, the heritage of the Taiwanese genes could also be traced back to many sources. Almost every person has different groups of ancestors. This could be the natural results of the geographical location of Taiwan being on people's migration path on Earth's history.

During the ice age, Taiwan strait was part of the continent connecting Indonesia from the South and Japan from the North. Taiwan became an island at the end of the ice age. People migrating from the Southeast Asian continent and islands over the sea to Taiwan. More over, Taiwan has been ruled by many ethnic groups during the past few hundred years. All these facts contribute in the diverse sources of the genes in the current Taiwanese. Regardless the source of genes, as long as one acknowledges himself/herself to be a Taiwanese, he/she is a Taiwanese.

Hiking Club

Date: 10/01/2010, Friday, 8AM

Place: Los Penasquitos Canyon Preserve (East Approach)
Meet at Canyonside Community Park & Recreation Center

Date: 10/16/2010, Saturday, 8AM

Place: Carlsbad Beach
Meet at Carlsbad Beach Parking Lot

Date: 11/05/2010, Friday, 8AM

Place: Lake Hodges
Meet at Sunset Dr. Parking Lot

Date: 11/20/2010, Saturday, 8AM

Place: Rancho Carrillo Trail (Carsbad)
Meet at Carrillo Elementary School parking lot drive

Date: 12/03/2010, Friday, 8AM

Place: Torrey Pine State Reserve
Meet at State Park road side Parking Lot

Date: 12/18/2010, Saturday, 8AM

Place: Woodson Mountain (Rock Haven) (East approach)
Meet at Mount Woodson Rd (off RT 67)

Art Exhibition - Yi Hen (藝痕)

October 8, 2010 - November 30, 2010

Opening Reception: October 9, Saturday, 2:00PM

Place: TACC Gallery

Art, as the reflection of our passion to the life.

As the foot print of our inner world.

We are here to share with you.....

We are a small group of artists from Taiwan, China, and Hong Kong who enjoy painting, Chinese and pottery.

The exhibition "Yi Hen" 藝痕 is presented by Hao Tang, Grace Chou, Wei Ng, Don Tang, Ruth Wang, Li Jung Li, Debbie Richardson, Kung Pu Li, Ken Xiao, etc.



Calligraphy by Ken Xiao



Painting by Grace Chou